



MOTHER, BABY & BEYOND

04/12

10am - 2pm

Glasgow Park,
Newark, DE

'Say Her Name' 5&K Family Fun Day!

Join us for the 2nd Annual 'Say Her Name' **FREE** 5K & Family Fun Day as we come together to raise awareness & advocate for maternal health equity. This community event is dedicated to **honoring the lives of mothers lost** & **bringing attention to disparities and SUD in maternal health.**

Event Highlights

- **5K Run/Walk** – Lace up your shoes and participate in the 5K to honor those affected by maternal health disparities.
- **Family Fun Day** – Enjoy activities, games, and entertainment for all ages, including food trucks, music, and more!
- **Health & Wellness Resources** – Discover ways to support maternal health and learn how we can fight disparities and SUD together.
- **Special Memorial** – A moving tribute to mothers lost due to maternal health inequities.

Scan the QR code to **register for our free event or donate today** to take action toward improving outcomes for mothers and babies. Your participation matters — let's run/walk together, raise our voices, and **'Say Her Name'!**



For more information and registration, please visit the link or scan the QR code

www.motherbabyandbeyond.com



DELAWARE DEPARTMENT OF HEALTH AND SOCIAL SERVICES
DIVISION OF SUBSTANCE ABUSE AND MENTAL HEALTH

This event is supported by SAMHSA and Delaware Division of Substance Abuse and Mental Health's Health Equity Advancement Project (HEAP) initiative.