



Join Us During **BLACK MATERNAL HEALTH WEEK**

TOXIC STRESS & PREGNANCY

Pathways, Risks & Resilience

**Tuesday April 14,
1pm - 2 pm**

Virtual Zoom Session

Learn how stress and trauma can affect pregnancy, health, and early development. We'll talk about what toxic stress is, why it matters, and how inequality plays a role. You'll also get simple, trauma-informed tips and resources to help support families and build resilience during pregnancy and beyond.

**Presented by Brazil Yates, BSN, RN
& Philinda Mindler, LCSW**

To Register:

SCAN ME



QUESTIONS? EMAIL:
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